



ALL STAR NEWS

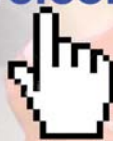
Welcome Bramalea Gymnastics Members

We would like to take this opportunity to welcome many of the Bramalea Gymnastics Members and their families to the All Star Family! We're sorry you will be losing your gym but we are glad you chose All Star. We know you'll be glad you did too.

Register Online!

www.allstarsportscentre.com

People are now registering online! Visit our website to secure your spot until June. Members are now able to register in advance for the next term online.



New On Staff

New coaches include:
 Coach Nichole Hemming – Pre-competitive
 Coach Sasha Sviridov- Pre-school and Recreational

Inclement Weather Reminder

Closing procedures are found in our Members Guidebook. You may download it from our website any time you need to review it.

See All Star Sports Centre On TV!!!

Watch for All Star Sports Centre on Breakfast Television on Wednesday January 14th at 6:00 AM!

Fun-Raising Efforts A Huge Success!

Our 5th Annual Dinner/ Dance and Silent Auction held at the Holiday Inn was a big success raising over **\$8000.00!** Special thanks to **Janice Pereira** and her team of competitive parents who assisted with the event. MacMillan's Fun-raiser also raised over **\$4,000.00**. Special mention for Andrea Davis and the team of competitive parents for looking after this fun-raiser. We were able to purchase over **\$15,000 in new equipment** to make the gym even safer for our athletes! You will see a new Spieth Anderson mini- tramp, beat board and balance beam. Several new mats and tumbling aids such as incline mats, and mats for various events. Thanks to all parents for supporting the competitive program and helping the athletes who inspire your kids every day.



Holiday Schedule Reminders

Classes break for the holidays with the last day being on Dec 21st. Competitive groups are individually scheduled over the holidays – see the competitive bulletin board for specific days and times.



ALL STAR NEWS

Exciting News! Two New Programs Coming in February!

NEW!

ALL STAR BOOTCAMP starts in February!

Finally a fitness program that meets your needs and runs at PRIMETIMES... while your kids are in their classes!!!! Personalized training for as low as \$10.00 per hr!!!! Low class ratios to help you reach your goals. Maximum 5 per class. Located in our soon-to-be new fitness studio in the lobby.

One-on-one training is also available. Come get fit with our Certified Personal Trainers! See office staff for details.

**ALL STAR
BOOTCAMP**

NO EXCUSES NOW



Provincial Athletes Excel at 1st Qualifier

All Stars top athletes attended their first qualifier at Oakville Gymnastics on Dec 6 & 7. Congratulations Gymnasts and Coaches! The Results for Women's Artistic Gymnastics were 28 Medals; 11 Gold, 11 Silver 6 Bronze.



2nd Qualifier will be Jan 30 – Feb 1, 2009 in Kingston

Cheer Program Gaining Popularity!

The team is doing exciting new routines. Watch for demos and competitions in the new year. Enrolment hit a record high! With so many wanting to join we're adding an "Introduction To Cheer" program starting in February. Tell your friends! Check the Cheer board for more info.

NEW!

After – School Program and PD Days!!



After School Program 3:30-6:00pm!

- ★ Kids stay active, get levels in gymnastics and trampoline and get homework done all before 6:00pm!
- ★ We will pick your kids up from school with our new GYMKIDS minivan!
- ★ Free t-shirt!
- ★ **BONUS!** Free PA Days 9-4pm (extended hrs also available)

PA Days

- ★ PA Days 9-4pm (extended hrs available)
- ★ Preschool Ages 3 ½ to 5 yrs. Junior 6 to 9 yrs. and Senior 10 to 12 yrs.
- ★ Gymnastics, Trampoline, Crafts, Games, Tumbling and more!

See office staff if interested in GYMKIDS after school program or GYMKIDS PA DAYS at the GYM!

Hurry! **Only 24 spots available** for GYMKIDS After School Program! Only 40 spots available for PA Days! First Come First Served!

Coming in September!

Half Day Programs for Kindergartners!

- ★ Includes gym, trampoline arts and crafts, music, reading time and more!
- ★ Free uniform for kindergartners! (bodysuit for girls, t-shirt and shorts for boys!)
- ★ GYMKIDS half day programs for kindergartners FREE PD Days



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